

AREA/RGN	STATE	TIME	TZ	DAYS	FREQ	NET	COVERAGE	NOTES	MGR	MGR EMAIL
EU			Z			EU CW TRAFFIC NET	EUROPE	TIME & FREQ BY ARRANGEMENT	DL4FN	DL4FN @ YAHOO.COM
OC		06:00	Z	W	14.049	AUSTRALIA CW NET	AUSTRALIA		VK6RR	RADIOROY_99 @ YAHOO.COM
OC		21:00	NZ	M-F	3.535	NEW ZEALAND NET	NEW ZEALAND	RADIO1NZ . COM / NZNET	ZL1NZ	NEIL @ ZL1.NZ
EAN/1RN	CT	10:00	ET	SU	3.965	CT PHONE NET – SNOWDESK		ALT. 7.233	WX1T	WX1T @ ARRL.NET
EAN/1RN	CT	18:00	ET	M-S	3.973	CT PHONE NET		ALT. 7.233	WX1T	WX1T @ ARRL.NET
EAN/1RN	CT	19:00	ET	DAILY	3.533	CT NET			WA1GGN	WA1GGN @ COMCAST.NET
EAN/1RN	CT	20:30	ET	DAILY	145.410/141.3	WESTERN CT TRAFFIC NET			KB1NMO	KB1NMO @ ARRL.NET
EAN/1RN	CT	20:30	ET	DAILY	147.120/141.3	WESTERN CT TRAFFIC NET			KB1NMO	KB1NMO @ ARRL.NET
EAN/1RN	CT	20:30	ET	DAILY	147.180/141.3	WESTERN CT TRAFFIC NET			KB1NMO	KB1NMO @ ARRL.NET
EAN/1RN	CT	21:00	ET	DAILY	146.730/156.7	EASTERN CT TRAFFIC NET			W1MCT	W1MCT @ ARRL.NET
EAN/1RN	CT	21:30	ET	R-T	146.685/77.0	NUTMEG VHF TRAFFIC NET			KB1ZBH	KB1ZBH @ GMAIL.COM
EAN/1RN	CT	21:30	ET	W	147.090/110.9	NUTMEG VHF TRAFFIC NET			KB1ZBH	KB1ZBH @ GMAIL.COM
EAN/1RN	MA	17:00	ET	DAILY	7.243	MASSACHUSETTS/RHODE ISLAND PHONE NET		ALT. 3.978	N1LAH	N1LAH @ ARRL.NET
EAN/1RN	MA	18:00	ET	T	3.5825	MASSACHUSETTS/RHODE ISLAND DIGITAL NET		THOR22	N1ILZ	N1ILZ @ ARRL.NET
EAN/1RN	MA	19:00	ET	DAILY	3.565	MASSACHUSETTS/RHODE ISLAND CW NET			KW1U	KW1U @ ARRL.NET
EAN/1RN	MA	19:30	ET	TW/R/S	147.375/110.9	CAPE & ISLANDS TRAFFIC NET			W1TCD	TIMDOYLE741 @ GMAIL.COM
EAN/1RN	MA	20:00	ET	DAILY	145.230/88.5	EASTERN MASSACHUSETTS 2 METER NET		ALT. 146.865/103.5	KC1HHO	KC1HHO @ GMAIL.COM
EAN/1RN	MA	21:00	ET	M, T, R, F	146.970/114.8	CENTRAL MASSACHUSETTS 2 METER NET		ALT. 146.925/100.0	KK1X	KK1X @ ARRL.NET
EAN/1RN	MA	21:45	ET	DAILY	VAR.VHF/UHF	HEAVY HITTERS TRAFFIC NET		MINUTEMAN LINKED REPEATER SYSTEM	KC1KVY	RSPARKES @ VERIZON.NET
EAN/1RN	ME	09:00	ET	SU	3.940	MAINE PUBLIC SERVICE NET			KY1C	KY1C @ ARRL.NET
EAN/1RN	ME	17:00	ET	M-S	3.940	SEA GULL NET			K1GUP	K1GUP @ ROADRUNNER.COM
EAN/1RN	ME	18:00	ET	M-F	3.585	MAINE SLOW SPEED NET			W1JX	
EAN/1RN	ME	19:00	ET	DAILY	3.596	PINE TREE NET			W1KX	W1KX @ ARRL.NET
EAN/1RN	ME	19:00	ET	SU	3.940	MAINE EMERGENCY COMMUNICATIONS NET				
EAN/1RN	ME	19:30	ET	SU	147.060/91.5	PRE-CHIMES TRAFFIC NET		ALT. 145.490/91.5	KB1TCE	SHANSEN @ BELLJAR.NET
EAN/1RN	NH	07:30	ET	S	3.582	NEW HAMPSHIRE DIGITAL NET		BPSK125, 1500 HZ WATERFALL		
EAN/1RN	NH	08:30	ET	S	3.976	NEW HAMPSHIRE ARES NET				
EAN/1RN	NH	19:15	ET	W	3.539	NEW HAMPSHIRE SLOW NET				
EAN/1RN	NH	21:00	ET	DAILY	146.940/114.8	GRANITE STATE TRAFFIC NET				
EAN/1RN	VT	08:00	ET	SU	3.976	VERMONT PHONE EMERGENCY NET				
EAN/1RN	VT	09:00	ET	SU	3.934	VERMONT PHONE NET				
EAN/1RN	VT	17:00	ET	M-S	3.933	VERMONT GREEN MOUNTAIN NET				
EAN/1RN	VT	18:30	ET	DAILY	3.975	VERMONT NET				
EAN/1RN	VT	19:30	ET	DAILY	3.857	VERMONT PHONE TRAFFIC NET				
EAN/1RN	VT/NH	19:00	ET	DAILY	3.539	VERMONT/NEW HAMPSHIRE TRAFFIC NET				
EAN/1RN		08:45	ET	SU	3.945	NEW ENGLAND PHONE NET				
EAN/1RN		14:45	ET	DAILY	7.243	FIRST REGION NET		ALT. 3.950	K1EIC	BDOANE @ ACM.ORG
EAN/1RN		16:30	ET	DAILY	7.243	FIRST REGION NET		ALT. 3.950	K1EIC	BDOANE @ ACM.ORG
EAN/1RN		19:45	ET	DAILY	3.598	FIRST REGION NET			W1R1VY	ECWILCOM @ MSN.COM
EAN/1RN		21:30	ET	DAILY	3.598	FIRST REGION NET			W1R1VY	ECWILCOM @ MSN.COM
EAN/2RN	NJ	09:00	ET	SU	3.950	NJ PHONE			KA2HZP	STUSHIPPEY @ MSN.COM
EAN/2RN	NJ	18:00	ET	DAILY	3.950	NJ PHONE			KA2HZP	STUSHIPPEY @ MSN.COM
EAN/2RN	NJ	19:00	ET	DAILY	3.544	NNJ	NNJ SECTION		WB2VUF	WB2VUF @ ARRL.NET
EAN/2RN	NJ	19:30	ET	DAILY	146.895/151.4	NORTH JERSEY VHF NET	NNJ SECTION	NNJ, ALT. 145.370/151.4	KY2D	KY2D @ ARRL.NET
EAN/2RN	NJ	19:30	ET	DAILY	146.910/127.3	JERSEY SHORE TRAFFIC NET	SNJ SECTION		KC2VXI	SICKRICKY1 @ AOL.COM
EAN/2RN	NJ	20:00	ET	DAILY	146.760/156.7	CENTRAL JERSEY TRAFFIC NET			KB2VRO	JIM_DRY @ VERIZON.NET
EAN/2RN	NJ	20:00	ET	DAILY	147.150/127.3	SOUTH JERSEY TRAFFIC NET	SNJ SECTION	LINKED TO 145.470/127.3 – ALT. 147.345/127.3		
EAN/2RN	NJ	22:00	ET	DAILY	VAR. VHF/UHF	UNION COUNTY TRAFFIC NET		W2NJR LINKED SYSTEM		
EAN/2RN	NJ	22:30	ET	DAILY	146.700/141.3	NEW JERSEY VHF LATE	NNJ SECTION			
EAN/2RN	NY	07:30	ET	DAILY	7.112	HIT & BOUNCE SLOW			W1KX	W1KX @ ARRL.NET
EAN/2RN	NY	08:30	ET	DAILY	7.112	HIT & BOUNCE			W4KX	W4KX @ MAC.COM
EAN/2RN	NY	09:00	ET	M-S	3.935	CARRIER NET			AK2E	AK2E @ ARRL.NET
EAN/2RN	NY	09:30	ET	SU	3.577	NYS COUNTY				
EAN/2RN	NY	17:00	ET	DAILY	3.925	NY PUBLIC OPERATIONS NET		ALT. 3.913	WB3CUF	WB3CUF @ ARRL.NET
EAN/2RN	NY	18:00	ET	DAILY	3.566	EMPIRE SLOW SPEED NET		ALT. 7.110, 1.815	WI2G	AFWI2G @ GMAIL.COM
EAN/2RN	NY	18:00	ET	DAILY	3.925	NYS PHONE TRAFFIC & EMERGENCY NET			WA3AFS	WA3AFS @ NYCAP.RR.COM
EAN/2RN	NY	18:30	ET	M-F	147.150/127.3	CAPITOL DISTRICT TRAFFIC NET	ALBANY, NY	ALT. 447.075 & 146.640/100.0	K2HAT	K2HAT @ YMAIL.COM
EAN/2RN	NY	18:30	ET	S/SU	145.170/127.3	CAPITOL DISTRICT TRAFFIC NET	ALBANY, NY			
EAN/2RN	NY	19:00	ET	DAILY	3.569	NYS		ALT. 7.108, 1.807	KT2D	KT2D @ ARRL.NET
EAN/2RN	NY	19:00	ET	T	147.210/	COLUMBIA-GREENE EMERGENCY SERVICES NET	ENY SECTION		N2USM	DKS-3 @ BERK.COM
EAN/2RN	NY	19:30	ET	DAILY	146.805/136.5	NASSAU CO VHF (NLI SECTION)	NASSAU CO, NY	ALT. 147.135/136.5, 443.525/114.8		
EAN/2RN	NY	19:30	ET	DAILY	146.970/100.0	HUDSON VALLEY NET	ENY SECTION	ALT. 147.045/100.0 & 146.895/100.0	N2JBA	N2JBA @ ARRL.NET
EAN/2RN	NY	19:30	ET	T	146.640/	ALBANY EMERGENCY SERVICES NET	ALBANY, NY			
EAN/2RN	NY	20:00	ET	DAILY	145.170	ONEIDA COUNTY TRAFFIC & EMERGENCY NET			AK2Z	OCTEN @ WNYHAM.COM
EAN/2RN	NY	20:00	ET	DAILY	440.600/141.3	BIG APPLE TRAFFIC NET	NYC	ALT. 443.650/77.0		
EAN/2RN	NY	20:30	ET	M	441.100/136.5	NYC-ARECS EMCOMM/TRAFFIC NET	NYC	ALT 145.230, 447.625, 449.025 (N2ROW SYSTEM)	N2NOV	N2NOV @ NYC-ARECS.ORG

AREA/RGN	STATE	TIME	TZ	DAYS	FREQ	NET	COVERAGE	NOTES	MGR	MGR EMAIL
EAN/2RN	NY	21:30	ET	DAILY	147.060/114.8	SOUTHERN DISTRICT NET	ENY SECTION	ALT. 145.130/136.5, 147.015/114.8	W2MC	W2MC @ ARRL.NET
EAN/2RN		18:30	ET	DAILY	3.926	SECOND REGION PHONE NET		ALT. 7.237 & 1.937	KB2QO	WFAGAN @ OPTONLINE.NET
EAN/2RN		19:45	ET	DAILY	3.565	SECOND REGION CW NET		ALT. 7.110 & 1.815	W12G	AFW12G @ GMAIL.COM
EAN/3RN	DE	22:30	Z	S/SU	3.905	DELMARVA EMERGENCY NET	DE/EAST MD/VA	1830 EDT/1730 EST	KC3BTV	KC3BTV @ ARRL.NET
EAN/3RN	DE	18:30	ET	M-F	3.905	DELAWARE PHONE NET				
EAN/3RN	MD	18:00	ET	DAILY	3.820	MARYLAND EMERGENCY PHONE NET		ALT. 3.821, 1.920, 7.243	W3YVQ	W3YVQ @ ARRL.NET
EAN/3RN	MD	18:30	ET	DAILY	146.670/	BALTIMORE TRAFFIC NET	BALTIMORE, MD	ALT. 145.330	AB3WG	AB3WG @ ARRL.NET
EAN/3RN	MD	19:00	ET	DAILY	3.557	MARYLAND-DC-DELAWARE NET				
EAN/3RN	MD	19:30	ET	DAILY	3.563	MARYLAND SLOW				
EAN/3RN	MD	22:00	ET	DAILY	3.557	MARYLAND-DC-DELAWARE NET				
EAN/3RN	PA	09:00	ET	SU	3.9875	EPA RACES NET	EPA SECTION	ALT. 7.227		
EAN/3RN	PA	17:00	ET	DAILY	3.918	EASTERN PA EMERGENCY PHONE & TRAFFIC NET	EPA SECTION		WA2BBS	GONNEUR @ GMAIL.COM
EAN/3RN	PA	18:00	ET	DAILY	3.983	MOE MCKENDREE TRAFFIC NET	WPA SECTION		K3QNT	K3QNT @ AOL.COM
EAN/3RN	PA	19:00	ET	DAILY	3.585	PENNSYLVANIA TRAFFIC NET			N2GE	ROGERLBURKHART @ GMAIL.COM
EAN/3RN	PA	20:00	ET	M	146.610/82.5	LUZERNE CO. ARES TRAFFIC & TRAINING NET			N3SRO	IFLY824 @ GMAIL.COM
EAN/3RN	PA	20:00	ET	W	146.715/136.5	LACKAWANA CO. ARES TRAFFIC & TRAINING NET		1ST & 2ND WED. ONLY	NW3X	NW2X.TDAVIS @ GMAIL.COM
EAN/3RN	PA	20:00	ET	W	146.940/127.3	LACKAWANA CO. ARES TRAFFIC & TRAINING NET		4TH WED. ONLY	NW3X	NW2X.TDAVIS @ GMAIL.COM
EAN/3RN	PA	20:00	ET	W	442.550/100.0	LACKAWANA CO. ARES TRAFFIC & TRAINING NET		5TH WED. ONLY ON N3FCK LINKED SYSTEM	NW3X	NW2X.TDAVIS @ GMAIL.COM
EAN/3RN	PA	20:00	ET	SU/W	145.310/131.8	RF HILL SOUTHEASTERN PA PRACTICE & TRAFFIC NET			KB3DEN	KB3DEN @ AOL.COM
EAN/3RN		16:00	ET	DAILY	3.917	THIRD REGION NET		ALT. 3.913		
EAN/3RN		19:45	ET	DAILY	3.557	THIRD REGION NET				
EAN/3RN		21:30	ET	DAILY	3.557	THIRD REGION NET				
EAN/4RN	FL	07:00	ET	DAILY	3.940	FLORIDA PHONE TRAFFIC NET			WC4FSU	WC4FSU @ CFL.RR.COM
EAN/4RN	FL	09:00	ET	DAILY	3.940	NORTHERN FLORIDA ARES NET			WA4WES	DAVEDAVIS1 @ EMBARQMAIL.COM
EAN/4RN	FL	10:00	ET	M-S	146.820/136.5	SOUTHWEST FLORIDA TRAFFIC NET		ALT. 145.170/136.5	W2PAX	CSXTBONEVALLEY @ COMCAST.NET
EAN/4RN	FL	18:00	ET	DAILY	3.940	TROPICAL FLORIDA ALL SIDEBAND TRAFFIC NET		ALT. 7.238 SUMMER	W2PAX	CSXTBONEVALLEY @ COMCAST.NET
EAN/4RN	FL	19:00	ET	DAILY	3.547	ALL-FLORIDA CW TRAFFIC NET		ALT. 7.117 SUMMER	KZ8Q	KZ8QHAM @ GMAIL.COM
EAN/4RN	FL	19:15	ET	1ST M	147.555/	SEMINOLE VHF TRAFFIC NET			KG4QCD	ABGAUSZ @ ME.COM
EAN/4RN	FL	19:15	ET	DAILY	147.285/107.2	SEMINOLE VHF TRAFFIC NET		EXCEPT FIRST MONDAY	KG4QCD	ABGAUSZ @ ME.COM
EAN/4RN	FL	19:30	ET	DAILY	3.950	NORTHERN FLORIDA PHONE NET		ALT. 7.242 & 7.247	N4QB	N4QB @ ARRL.NET
EAN/4RN	GA	07:00	ET	M-S	3.995	GEORGIA CRACKER NET			AF4XZ	AF4XZ @ CHARTER.NET
EAN/4RN	GA	13:00	ET	M-S	7.2875	GEORGIA TRAFFIC NET			WA0CGZ	WA0CGZ @ ARRL.NET
EAN/4RN	GA	23:00	Z	DAILY	3.975	GEORGIA SSB NET			KE4VPD	KE4VPD @ GMAIL.COM
EAN/4RN	GA	19:00	ET	DAILY	3.549	GEORGIA STATE NET			K4GK	K4GK @ ARRL.NET
EAN/4RN	GA	19:15	ET	DAILY	3.9825	GEORGIA TRAFFIC & EMERGENCY NET			K14NGD	K14NGD @ ARRL.NET
EAN/4RN	GA	21:00	ET	DAILY	3.549	GEORGIA TRAINING NET				
EAN/4RN	GA	22:00	ET	DAILY	3.549	GEORGIA STATE NET				
EAN/4RN	NC	07:45	ET	DAILY	3.927	NORTH CAROLINA MORNING NET			W3OJO	W3OJOE @ GMAIL.COM
EAN/4RN	NC	18:30	ET	DAILY	3.923	NORTH CAROLINA EVENING NET			WK4WC	LANE.KENDALL @ GMAIL.COM
EAN/4RN	NC	19:00	ET	DAILY	145.150/100.0	CENTRAL WESTERN TRAFFIC NET			N4CNX	232TRULL @ GMAIL.COM
EAN/4RN	NC	19:30	ET	DAILY	3.938	NORTH CAROLINA SSB NET				
EAN/4RN	NC	20:30	ET	DAILY	146.685/88.5	EASTERN NC TRAFFIC NET			W4DNA	W4DNA @ ARRL.NET
EAN/4RN	NC	21:00	ET	DAILY	146.880/	PIEDMONT COASTAL TRAFFIC NET			W4TTO	W4TTO @ ARRL.NET
EAN/4RN	NC/SC	19:00	ET	DAILY	3.571	CAROLINAS NET - EARLY			KC4PGN	OOGLEMASTER @ CHARTER.NET
EAN/4RN	NC/SC	20:00	ET	DAILY	3.571	CAROLINAS SLOW NET			KI4KZS	BERTSCOOTS @ YAHOO.COM
EAN/4RN	NC/SC	22:00	ET	DAILY	3.571	CAROLINAS NET - LATE			KC4PGN	OOGLEMASTER @ CHARTER.NET
EAN/4RN	SC	19:00	ET	DAILY	3.915	SOUTH CAROLINA TRAFFIC NET				
EAN/4RN	VA	18:00	ET	DAILY	3.947	VIRGINIA SIDEBAND NET (VSBN)			KD4EAQ	KD4EAQ.M @ GMAIL.COM
EAN/4RN	VA	19:00	ET	DAILY	3.569	VIRGINIA CW NET (VN)			KV4AN	KV4AN @ ARRL.NET
EAN/4RN	VA	22:00	ET	DAILY	3.947	VIRGINIA LATE NET (VLN)				
EAN/4RN		13:45	ET	DAILY	7.243	FOURTH REGION NET		ALT. 7.222	KD4EAQ	CRS4NOW @ GMAIL.COM
EAN/4RN		15:30	ET	DAILY	7.222	FOURTH REGION NET			N4CNX	232TRULL @ GMAIL.COM
EAN/4RN		19:45	ET	DAILY	3.567	FOURTH REGION NET		MOVE TO 7.117 IN SPRING	WB4FLT	JHPBASS @ GMAIL.COM
EAN/4RN		21:30	ET	DAILY	3.567	FOURTH REGION NET		MOVE TO 7.117 IN SPRING	WB4FLT	JHPBASS @ GMAIL.COM
EAN/8RN	MI	10:00	ET	DAILY	3.952	MICHIGAN ACS			WB8TQZ	WB8TQZ @ ARRL.NET
EAN/8RN	MI	12:00	ET	SU	3.921	UPPER PENINSULA NET			WA8DHB	WEYANDTPATTI @ GMAIL.COM
EAN/8RN	MI	17:00	ET	DAILY	3.920	UPPER PENINSULA NET			WA8DHB	WEYANDTPATTI @ GMAIL.COM
EAN/8RN	MI	17:00	ET	SU	3.932	MICHIGAN ARPS		ALT. 7.232	WB8RCR	WB8RCR @ ARRL.NET
EAN/8RN	MI	18:30	ET	DAILY	3.563	MICHIGAN NET		ALT. 7.063 & 1.812	K8BKM	THAMMOND @ CHARTERMI.NET
EAN/8RN	MI	18:30	ET	DAILY	146.640/107.2	NORTHERN LOWER EASTERN UPPER PENINSULA NET				
EAN/8RN	MI	19:00	ET	DAILY	3.952	MICHIGAN TRAFFIC NET		ALT. 1.895	WB8TQZ	WB8TQZ @ ARRL.NET
EAN/8RN	MI	20:00	ET	DAILY	3.932	GREAT LAKES EMERG & TRAFFIC NET			KD8ZCM	KD8ZCM @ GMAIL.COM
EAN/8RN	MI	20:00	ET	T/R/S	3.583	MICHIGAN DIGITAL TRAFFIC NET		1KHZ WATERFALL SPOT	N8LBF	N8LBF @ ARRL.NET
EAN/8RN	MI	21:00	ET	M/W/F	147.160/	MICHIGAN VHF TRAFFIC NET		IRA LINKED SYSTEM	K8RDN	K8RDV73 @ GMAIL.COM
EAN/8RN	MI	21:30	ET	M-S	147.300/	THUMB MID-MICHIGAN TRAFFIC NET				
EAN/8RN	MI	22:00	ET	DAILY	3.563	MICHIGAN NET		ALT. 7.063 & 1.812	K8BKM	THAMMOND @ CHARTERMI.NET

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EAN/8RN	MI	22:15	ET	DAILY	146.760/	SOUTHEASTERN MICHIGAN TRAFFIC NET			KD8QPF	KD8QPF @ GMAIL.COM
EAN/8RN	OH	10:30	ET	DAILY	3.9725	OHIO SINGLE SIDEBAND NET		ALT. 1.840, 3.968	KC8WH	KC8WH.MH @ GMAIL.COM
EAN/8RN	OH	16:15	ET	DAILY	3.9725	OHIO SINGLE SIDEBAND NET		ALT. 1.840, 3.968	KC8WH	KC8WH.MH @ GMAIL.COM
EAN/8RN	OH	18:00	ET	DAILY	3.53535	OHIO SLOW NET			N2LC	N2LC @ ARRL.NET
EAN/8RN	OH	18:30	ET	DAILY	146.940/103.5	NORTHWEST OHIO TRAFFIC NET		ALT. 147.345/103.5	N8TNV	N8TNV @ ARRL.NET
EAN/8RN	OH	18:45	ET	DAILY	3.580	BUCKEYE NET			N2LC	N2LC @ ARRL.NET
EAN/8RN	OH	18:45	ET	DAILY	3.9725	OHIO SINGLE SIDEBAND NET		ALT. 1.840, 3.968	KC8WH	KC8WH.MH @ GMAIL.COM
EAN/8RN	OH	19:15	ET	DAILY	146.970/123.0	CENTRAL OHIO TRAFFIC NET		ALT. 146.760/123.0, 147.240/179.9, 147.510	KV8Z	KV8Z @ YAHOO.COM
EAN/8RN	OH	20:00	ET	DAILY	146.670/123.0	TRI-STATE AMATEUR TRAFFIC NET			WG8Z	WG8Z @ ARRL.NET
EAN/8RN	OH	21:00	ET	SU/T/F	147.015/110.9	TRI-COUNTY TRAFFIC AND TRAINING NET			WB8YYS	WB8YYS @ ARRL.NET
EAN/8RN	OH	21:30	ET	M/R/S	145.230/110.9	BURNING RIVER TRAFFIC NET			KD8GXL	KD8GXL @ GMAIL.COM
EAN/8RN	OH	22:00	ET	DAILY	3.590	BUCKEYE NET			WB9LBI	WFRAEDRICH @ AOL.COM
EAN/8RN	WV	16:30	ET	DAILY	3.811	WEST VIRGINA NET				
EAN/8RN		12:30	ET	DAILY	3.865	EIGHTH REGION NET		ALT. 7.235	ND8W	ND8W @ ATT.NET
EAN/8RN		13:45	ET	DAILY	7.235	EIGHTH REGION NET			ND8W	ND8W @ ATT.NET
EAN/8RN		15:30	ET	DAILY	7.235	EIGHTH REGION NET			ND8W	ND8W @ ATT.NET
EAN/8RN		16:30	ET	DAILY	3.865	EIGHTH REGION NET		ALT. 7.235	ND8W	ND8W @ ATT.NET
EAN/8RN		19:45	ET	DAILY	3.533	EIGHTH REGION NET	CYCLE 4		WB9LBI	WFRAEDRICH @ AOL.COM
EAN/8RN		21:30	ET	DAILY	3.533	EIGHTH REGION NET	CYCLE 4		WB9LBI	WFRAEDRICH @ AOL.COM
EAN		19:30	Z	DAILY	7.243	EASTERN AREA NET			KW1U	KW1U @ ARRL.NET
EAN		20:30	ET	DAILY	3.552	EASTERN AREA NET		ALT. 7.052, 7.108, 1.808	KW1U	KW1U @ ARRL.NET
CAN/5RN	AL	08:00	CT	SU	3.965	ALABAMA TRAFFIC NET MIKE			KI4ZZD	C.OSWALT @ GMAIL.COM
CAN/5RN	AL	10:00	CT	DAILY	3.965	ALABAMA DAY NET				
CAN/5RN	AL	15:30	CT	SU	3.570	ALABAMA DIGITAL EMERGENCY NET		ALT. 7.100		
CAN/5RN	AL	16:00	CT	SU	3.965	ALABAMA EMERGENCY NET		ALT. 7.243		
CAN/5RN	AL	18:30	CT	DAILY	3.965	ALABAMA TRAFFIC NET MIKE			KI4ZZD	C.OSWALT @ GMAIL.COM
CAN/5RN	AR	06:00	CT	M-S	3.9875	ARKANSAS PHONE NET			W5DUG	W5DUGHAMSHACK @ GMAIL.COM
CAN/5RN	AR	16:30	CT	M-F	3.927	MOCKINGBIRD NET				
CAN/5RN	AR	18:00	CT	DAILY	3.9875	ARKANSAS RAZORBACK NET		MEETS AT 18:30 IN SUMMER		
CAN/5RN	LA	18:00	CT	SU/M/W/F	3.910	LOUISIANA SSB TRAFFIC NET				
CAN/5RN	LA	21:30	CT	DAILY	3.935	SOUTHWEST TRAFFIC NET				
CAN/5RN	MS	06:00	CT	M-F	3.8625	MAGNOLIA SECTION NET			KA5DON	DON.RAND @ GMAIL.COM
CAN/5RN	MS	07:00	CT	S/SU/HOL	3.8625	MAGNOLIA SECTION NET			KA5DON	DON.RAND @ GMAIL.COM
CAN/5RN	MS	18:00	Z	SU	7.260	MISSISSIPPI BAPTIST NET			KA5DON	DON.RAND @ GMAIL.COM
CAN/5RN	MS	18:00	CT	DAILY	3.862	MISS. SECTION PHONE NET		ALT. 7.238	KA5DON	DON.RAND @ GMAIL.COM
CAN/5RN	MS	01:00	Z	W	3.825	K5TAL AMERICAN LEGION NET			KA5DON	DON.RAND @ GMAIL.COM
CAN/5RN	OK	17:20	CT	DAILY	7.1206	OKLAHOMA TRAINING NET				
CAN/5RN	OK	17:30	CT	M-S	3.845	OKLAHOMA SOONER TRAFFIC NET				
CAN/5RN	TN	05:40	CT	M-F	3.980	TENNESSEE PHONE NET			WD4LAR	WD4LAR @ GMAIL.COM
CAN/5RN	TN	06:45	CT	M-F	3.980	TENNESSEE PHONE NET			WD4LAR	WD4LAR @ GMAIL.COM
CAN/5RN	TN	07:00	CT	S/SU	3.980	TENNESSEE PHONE NET			WD4LAR	WD4LAR @ GMAIL.COM
CAN/5RN	TN	17:30	CT	M-S	3.980	TENNESSEE PHONE NET			WD4LAR	WD4LAR @ GMAIL.COM
CAN/5RN	TX	08:30	CT	M-S	7.285	TEXAS TRAFFIC NET			W5RWP	W5RWP @ OUTLOOK.COM
CAN/5RN	TX	10:00	CT	M-S	7.290	7290 TRAFFIC NET				
CAN/5RN	TX	13:00	CT	M-F	7.290	7290 TRAFFIC NET				
CAN/5RN	TX	18:30	CT	DAILY	3.873	TEXAS TRAFFIC NET			WE5TXS	WE5TXS @ SUDDENLINK.NET
CAN/5RN	TX	18:30	CT	DAILY	146.880/110.9	DALLAS/FT. WORTH TRAFFIC NET			KC5FAZ	KC5FAZ @ ARRL.NET
CAN/5RN	TX	19:00	CT	DAILY	3.541	TEXAS STATE CW NET		ALT. 3.593	W5DY	W5DY39 @ GMAIL.COM
CAN/5RN	TX	19:00	CT	SU	147.360/	TRAVIS CO. ARES			K5GM	K5GM @ AMSAT.ORG
CAN/5RN	TX	19:45	CT	T/R/F	3.570	TEXAS SLOW NET			KD5RQB	
CAN/5RN	TX	20:00	CT	DAILY	3.552	TEXAS SLOW NET				
CAN/5RN	TX	22:00	CT	DAILY	3.541	TEXAS STATE CW NET		ALT. 3.593	W5DY	W5DY39 @ GMAIL.COM
CAN/5RN	TX	22:30	CT	DAILY	146.720/110.9	DALLAS/FT. WORTH TRAFFIC NET			KC5FAZ	KC5FAZ @ ARRL.NET
CAN/5RN		10:25	CT	M/W/F	7.280	FIFTH REGION NET			WA4VGZ	WA4VGZ @ GMAIL.COM
CAN/5RN		19:30	CT	DAILY	3.567	FIFTH REGION NET		ALT. 3.595 & 7.108		
CAN/5RN		21:30	CT	DAILY	3.567	FIFTH REGION NET		ALT. 3.595 & 7.108		
CAN/9RN	IL	07:00	CT	M-F	3.912	NORTH CENTRAL PHONE NET			WB9EDL	JBBUILDER @ FRONTIER.COM
CAN/9RN	IL	08:00	CT	SU	3.940	ILLINOIS PHONE NET			AI9F	AI9F @ ARRL.NET
CAN/9RN	IL	16:45	CT	M-F	3.857	ILLINOIS PHONE NET			AI9F	AI9F @ ARRL.NET
CAN/9RN	IL	18:00	CT	DAILY	3.905	ILLINOIS SIDEBAND NET			WB9QPM	WB9QPM @ ARRL.NET
CAN/9RN	IL	18:30	CT	SU	146.790/127.3	MADISON COUNTY TRAFFIC NET	MADISON CO, IL		AA9FQ	BEVANS305 @ OUTLOOK.COM
CAN/9RN	IL	19:15	CT	DAILY	3.538	ILLINOIS NET		ALT. 7.048 & 1.838	WC9P	
CAN/9RN	IN	08:00	ET	DAILY	3.535	INDIANA CW TRAFFIC NET			K0TQ	K0TQ @ ARRL.NET
CAN/9RN	IN	08:30	ET	DAILY	3.910	INDIANA TRAFFIC NET			WA5LOU	WA5LOU @ ARRL.NET
CAN/9RN	IN	09:00	ET	DAILY	3.585	INDIANA RADIO TELETYPE NET		45 BAUD RTTY	W9BGJ	W9BGJ @ ARRL.NET
CAN/9RN	IN	18:00	ET	DAILY	3.940	INDIANA TRAFFIC NET			WA5LOU	WA5LOU @ ARRL.NET

AREA/RGN	STATE	TIME	TZ	DAYS	FREQ	NET	COVERAGE	NOTES	MGR	MGR EMAIL
CAN/9RN	IN	19:00	ET	DAILY	3.535	INDIANA SLOW CW NET			WA9VBG	WA9VBG @ AOL.COM
CAN/9RN	IN	20:00	ET	DAILY	3.535	INDIANA CW TRAFFIC NET			K0TQ	K0TQ @ ARRL.NET
CAN/9RN	IN	20:30	ET	DAILY	3.583	INDIANA ARES DIGITAL NET		OLIVIA 8/500, 1500 HZ WATERFALL	WB9FHP	WB9FHP @ GMAIL.COM
CAN/9RN	KY	09:00	ET	S	3.537	KENTUCKY CW TRAFFIC NET (KYN)			WB4ZDU	WB4ZDU @ AOL.COM
CAN/9RN	KY	19:00	ET	M	146.865/192.8	MADISON COUNTY ARES				
CAN/9RN	KY	19:30	ET	M	3.9725	KENTUCKY EMERGENCY NET			KC4BQK	KC4BQK @ ARRL.NET
CAN/9RN	KY	19:30	ET	T	146.880/100.0	JEFFERSON COUNTY ARES			K4TXJ	K4TXJ @ ARRL.NET
CAN/9RN	KY	20:00	ET	M	147.390/151.4	TRIMBLE CO./OLDHAM CO.				
CAN/9RN	KY	20:00	ET	R	145.330/	WOODFORD COUNTY ARES				
CAN/9RN	KY	20:00	ET	R	147.375/123.0	KENTUCKY DISTRICT 7 ARES	WALTON, KY		AG4BC	AG4BC @ OUTLOOK.COM
CAN/9RN	KY	20:30	ET	M	146.610/	PO BOY NET	CORBIN, KY			
CAN/9RN	KY	20:30	ET	R	146.835/107.2	ANDERSON COUNTY ARES			KI4TLY	EGHOLLAND @ ADELPHIA.NET
CAN/9RN	KY	20:30	ET	SU	147.105/103.5	HARLAN COUNTY ARES & SKYWARN				
CAN/9RN	KY	20:30	ET	T	146.880/77.0	SOMERSET ARES				
CAN/9RN	KY	20:30	ET	W	146.715/100.0	WILDERNESS TRAIL EMERGENCY NET				
CAN/9RN	KY	20:45	ET	R	145.430/203.5	PARC (CLARK COUNTY)				
CAN/9RN	KY	20:45	ET	SU	146.670/103.5	PERRY COUNTY ARES & SKYWARN			KA4AOU	
CAN/9RN	KY	21:00	ET	DAILY	3.537	KENTUCKY CW TRAFFIC NET (KYN)			WB4ZDU	WB4ZDU @ AOL.COM
CAN/9RN	KY	21:00	ET	M	145.350/186.2	LETCHER COUNTY ARES & SKYWARN			N4QBE	
CAN/9RN	KY	21:00	ET	R	444.050/100.0	KENTUCKY WIDE AREA NET (I-75 CORRIDOR)				
CAN/9RN	KY	21:00	ET	R	E. KY PIKE	PIKE COUNTY ARES			WB4WAU	A_EPLING @ YAHOO.COM
CAN/9RN	KY	21:00	ET	T	146.925/79.7	REGION 11 SKYWARN				
CAN/9RN	KY	21:00	ET	T	E. KY FLOYD	EAST KENTUCKY ARES			WB4CLW	
CAN/9RN	KY	21:00	ET	W	147.000/173.8	STUBBLEFIELD REPEATER CLUB NET				
CAN/9RN	KY	21:00	ET	W	147.120/141.3	FAYETTE COUNTY ARES				
CAN/9RN	KY	21:30	ET	M	3.585	KENTUCKY DIGITAL EMERGENCY NET		PSK31	KC4BQK	KC4BQK @ ARRL.NET
CAN/9RN	KY	23:00	ET	DAILY	3.816	KY				
CAN/9RN	KY		ET		147.105/107.2	FRANKFORT EMERGENCY NET		ALT. 147.240/100.0		
CAN/9RN	WI	06:00	CT	DAILY	3.984	BADGER WEATHER NET			W9IXG	W9IXG @ ARRL.NET
CAN/9RN	WI	08:00	CT	SU	3.967	WISCONSIN ARES/RACES NET			WB9WKO	WB9WKO @ ARRL.NET
CAN/9RN	WI	12:00	CT	DAILY	3.985	BADGER EMERGENCY NET		ALT. 7.268	NX9K	N9VC @ YAHOO.COM
CAN/9RN	WI	17:00	CT	DAILY	3.985	WISCONSIN SIDEBAND NET		ALT. 3.982.5	KN9P	MORTLIEB47 @ FRONTIER.COM
CAN/9RN	WI	18:00	CT	DAILY	3.555	WISCONSIN NOVICE NET			KB9ROB	DEAN @ HERRIGES.COM
CAN/9RN	WI	18:30	CT	T/R/F/SU	3.555	WISCONSIN SLOW SPEED NET			KB9ROB	DEAN @ HERRIGES.COM
CAN/9RN	WI	19:00	CT	DAILY	3.555	WISCONSIN INTRASTATE NET			WB9ICH	WB9ICH @ CHARTER.NET
CAN/9RN	WI	22:00	CT	DAILY	3.555	WISCONSIN INTRASTATE NET			W9RTP	STANEKGB @ HUGHES.NET
CAN/9RN		11:00	CT	M/W/F	7.280	NINTH REGION NET			N9TU	JERRY @ N9TU.COM
CAN/9RN		19:45	CT	DAILY	3.555	NINTH REGION NET			N9CK	N9CK @ FRONTIER.COM
CAN/9RN		21:30	CT	DAILY	3.555	NINTH REGION NET			N9CK	N9CK @ FRONTIER.COM
CAN/TEN	IA	12:30	CT	M-S	3.970	IOWA 75 METER NET			KB0L	KB0L @ NETINS.NET
CAN/TEN	IA	18:00	CT	M-S	3.970	IOWA 75 METER NET			K0DPL	K0DPL00 @ GMAIL.COM
CAN/TEN	IA	18:00	CT	SU	3.970	IOWA TRAFFIC AND EMERGENCY NET			WA0UIG	WA0UIG @ GMAIL.COM
CAN/TEN	IA	18:30	CT	DAILY	3.560	IOWA TALL CORN NET – TLCN (CW)			WB0B	
CAN/TEN	IA	19:00	CT	T	3.5585	IOWA ARES DIGITAL NET		OLIVIA 8/500, 1500 HZ WATERFALL	AE5EI	AE5EI @ OUTLOOK.COM
CAN/TEN	IA	21:00	CT	M/W/F	3.560	IOWA TALL CORN NET – TLCN (CW)			AE5EI	AE5EI @ OUTLOOK.COM
CAN/TEN	KS	06:45	CT	M/W/F	3.920	KANSAS PHONE NET			K0RCJ	K0RCJ @ MAIL.COM
CAN/TEN	KS	08:00	CT	S/SU	3.920	KANSAS PHONE NET			K0RCJ	K0RCJ @ MAIL.COM
CAN/TEN	KS	18:30	CT	DAILY	3.920	KANSAS SIDEBAND NET			K0RCJ	K0RCJ @ MAIL.COM
CAN/TEN	KS	19:00	CT	DAILY	3.547	KANSAS CW NET			NB0Z	
CAN/TEN	KS	22:00	CT	DAILY	3.547	KANSAS CW NET			NB0Z	
CAN/TEN	MB	08:30	CT	DAILY	3.743	MANITOBA WEATHER NET				
CAN/TEN	MB	19:00	CT	DAILY	3.747	MANITOBA WEATHER NET				
CAN/TEN	MN	09:00	CT	M-S	3.925	PICO NET				
CAN/TEN	MN	12:00	CT	DAILY	3.860	MINNESOTA NOON PHONE NET			N0YR	N0YR @ ARRL.NET
CAN/TEN	MN	16:00	CT	M-F	3.925	PICO NET (WINTERS ONLY)				
CAN/TEN	MN	17:30	CT	DAILY	3.860	MINNESOTA SECTION PHONE NET			W00A	
CAN/TEN	MN	18:45	CT	DAILY	3.568	MINNESOTA SECTION CW NET			K0WPK	K0WPK @ ARRL.NET
CAN/TEN	MO	17:45	CT	DAILY	3.963	MISSOURI TRAFFIC NET			KF4MXF	BCC102 @ YAHOO.COM
CAN/TEN	MO	18:30	CT	DAILY	3.585	MISSOURI SECTION NET			K9ZTV	K9ZTV @ SOCKET.NET
CAN/TEN	MO	21:45	CT	DAILY	3.585	MISSOURI SECTION NET			K9ZTV	K9ZTV @ SOCKET.NET
CAN/TEN	ND	08:30	CT	M-S	3.935	NORTH DAKOTA ROAD & WEATHER NET			ND0CW	ND0CW @ SRT.COM
CAN/TEN	ND	18:30	CT	DAILY	3.937	DAKOTA AMATEUR TRAFFIC ASSOCIATION		17:00 IN WINTER	ND0CW	ND0CW @ SRT.COM
CAN/TEN	NE	07:00	CT	M-S	3.950	WEST NEBRASKA NET			K0RRL	K0RRL @ YAHOO.COM
CAN/TEN	NE	07:30	CT	DAILY	3.982	NEBRASKA MORNING PHONE NET			KA0DOC	KA0DOC @ GMAIL.COM
CAN/TEN	NE	12:30	CT	DAILY	3.982	NEBRASKA CORNHUSKER NET			K0CWW	JB54733 @ ALLTEL.NET
CAN/TEN	NE	13:00	CT	DAILY	7.282	NEBRASKA 40 METER SIDEBAND NET			N6RSH	N6RSH @ ARRL.NET

AREA/RGN	STATE	TIME	TZ	DAYS	FREQ	NET	COVERAGE	NOTES	MGR	MGR EMAIL
CAN/TEN	NE	18:30	CT	DAILY	3.982	NEBRASKA STORM NET			AG0L	RVRDALE @ YAHOO.COM
CAN/TEN	NE	19:00	CT	M-F	3.540	NEBRASKA CW TRAFFIC NET			AA0W	CLARK78 @ NNCT.NET
CAN/TEN	SD	12:15	CT	M-S	3.870	SOUTH DAKOTA NQJ NOON NET			W0CLS	W0CLS @ MITCHELLTELECOM.NET
CAN/TEN	SD	18:00	CT	DAILY	3.860	SOUTH DAKOTA NEO EVENING NET			WA0ZWZ	MOOREG954 @ GMAIL.COM
CAN/TEN	SK	09:00	CT	DAILY	3.753	SASKATCHEWAN WEATHER NET				
CAN/TEN	SK	19:00	CT	DAILY	3.735	SASKATCHEWAN WEATHER NET				
CAN/TEN		10:00	CT	M/W/F	7.280	TENTH REGION NET			KC0YNS	KC0YNS @ YAHOO.COM
CAN/TEN		19:45	CT	DAILY	3.562	TENTH REGION NET				
CAN/TEN		21:30	CT	DAILY	3.562	TENTH REGION NET				
CAN		12:30	CT	M-S	7.2535	CENTRAL STATES TRAFFIC NET				
CAN		14:30	CT	M/W/F	14.345	CENTRAL AREA NET		ALT. 14.340, 14.325 & 7.243	N9TU	JERRY @ N9TU.COM
CAN		20:30	CT	DAILY	3.552	CENTRAL AREA NET		ALT. 7.052, 3.595 & 7.108		
WAN/6RN	CA	02:00	Z	DAILY	3.975	GOLDEN BEAR TRAFFIC NET		WINTER AT 03:00 Z		
WAN/6RN	CA	18:30	PT	R	3.893	CONTRA COSTA CO. EMCOMM PREPAREDNESS NET		ALT. 3.888	Ni6A	RAINBOWBODY @ LIVE.COM
WAN/6RN	CA	19:00	PT	DAILY	3.533	NORTHERN CALIFORNIA NET			WB6UZX	
WAN/6RN	CA	19:00	PT	M-F	3.542	SOUTHERN CALIFORNIA NET			K16BHB	DHB @ DB-BIS.NET
WAN/6RN	CA	20:00	PT	T/R/S	146.730/107.2	SAN DIEGO COUNTY TRAFFIC NET	SAN DIEGO, CA		KD6YJB	KD6YJB @ ARRL.NET
WAN/6RN	CA	20:30	PT	T/R	VAR. UHF	LOS ANGELES NET	LA SECTION	EMAIL NET MGR FOR FREQS	K6HTN	KATEHUTTON @ GMAIL.COM
WAN/6RN	CA	21:00	PT	DAILY	3.533	NORTHERN CALIFORNIA NET			WB6UZX	
WAN/6RN	CA	21:00	PT	M/W/F	146.385/146.2	SOUTHERN CALIFORNIA NET			K16BHB	DHB @ DB-BIS.NET
WAN/6RN		15:30	PT	T/R	7.275	SIXTH REGION NET				
WAN/6RN		19:45	PT	DAILY	3.5775	SIXTH REGION NET			K6HTN	KATEHUTTON @ GMAIL.COM
WAN/6RN		21:30	PT	DAILY	3.5775	SIXTH REGION NET			K6HTN	KATEHUTTON @ GMAIL.COM
WAN/7RN	AK	03:00	Z	DAILY	3.920	SNIPERS NET				
WAN/7RN	AK	04:00	Z	R	146.880/103.5	THE INTERIOR NET	FAIRBANKS, AK	ALT. 146.940/103.5		
WAN/7RN	AK	05:00	Z	DAILY	7.093	ALASKA BUSH NET				
WAN/7RN	AK	17:30	Z	M-F	14.292	ALASKA-PACIFIC EMERGENCY PREPAREDNESS NET		16:30 IN SUMMER	KL7IQQ	ALASKANUDSON @ GMAIL.COM
WAN/7RN	AK	18:00	Z	DAILY	14.115	ALASKA-PACNW CW TRAFFIC WATCH		WILL QSY 10.115, 18.115 OR 21.115 ON REQUEST	AL7N	AL7N @ WINLINK.ORG
WAN/7RN	BC	02:00	Z	DAILY	3.652	BRITISH COLUMBIA EMERGENCY NET			VE7XLH	VE7CYY @ TELUS.NET
WAN/7RN	BC	02:30	Z	DAILY	3.716	BRITISH COLUMBIA YUKON SECTION TRAFFIC NET			VE7WJ	VE7CYY @ TELUS.NET
WAN/7RN	BC	19:30	PT	T	147.360/110.9	SURREY EMERGENCY PROGRAM AMATEUR RADIO	SURREY, BC			
WAN/7RN	ID/MT	02:00	Z	DAILY	3.937	IDAHO FARM NET			N7KFL	
WAN/7RN	ID/MT	02:45	Z	DAILY	3.572	IDAHO-MONTANA NET (SLOW)			WB6N	8008RET @ GMAIL.COM
WAN/7RN	ID/MT	03:00	Z	DAILY	3.572	IDAHO MONTANA NET			A17H	A17H @ ARRL.NET
WAN/7RN	MT	00:30	Z	DAILY	3.910	MONTANA TRAFFIC NET			N7CMJ	FLYFISH @ MOTANASKY.US
WAN/7RN	OR	17:30	PT	DAILY	3.920	BEAVER STATE NET	OR SECTION	RRI, ARRL ARES NET	KK7TN	KK7TN @ WINLINK.ORG
WAN/7RN	OR	18:00	PT	DAILY	3.980	OREGON EMERGENCY NET		INDEPENDENT NET	AG7K	MROENCONTACT @ GMAIL.COM
WAN/7RN	OR	18:05	PT	DAILY	145.270/	NORTHWEST OREGON TRAFFIC AND TRAINING NET	PDX AREA	RRI, ARRL LOCAL NET	W7EES	DAVE.W7EES @ GMAIL.COM
WAN/7RN	OR	18:30	PT	DAILY	3.566	OREGON SECTION NET	OR SECTION	RRI, ARRL SECTION NET	WS7L	CLAWSONCW @ GMAIL.COM
WAN/7RN	WA	07:30	PT	DAILY	3.563	WASHINGTON STATE NET		ALT. 7.038 & 1.818	N7YRT	GUY016 @ CENTURYTEL.NET
WAN/7RN	WA	17:30	PT	DAILY	146.820/103.4	PUGET SOUND TRAFFIC SYSTEM NET				
WAN/7RN	WA	18:00	PT	DAILY	3.975	WASHINGTON STATE ARTS				
WAN/7RN	WA	18:45	PT	DAILY	3.563	WASHINGTON STATE NET		ALT. 7.038 & 1.818	N7YRT	GUY016 @ CENTURYTEL.NET
WAN/7RN	WA	19:00	PT	DAILY	3.960	COLUMBIA BASIN NET				
WAN/7RN	WA	21:45	PT	DAILY	3.563	WASHINGTON STATE NET		ALT. 7.038 & 1.818		
WAN/7RN	WA/OR	18:30	PT	DAILY	3.945	NW SINGLE SIDEBAND NET				
WAN/7RN		09:15	PT	DAILY	3.925	SEVENTH REGION NET		RRI, NTS, ALT. 7.235	NW3D	VERNEBAKKER @ GMAIL.COM
WAN/7RN		15:15	PT	DAILY	7.235	SEVENTH REGION NET		RRI, NTS, ALT. 3.925	NW3D	VERNEBAKKER @ GMAIL.COM
WAN/7RN		18:30	PT	DAILY	3.569	SEVENTH REGION NET		ALT. 7.042/1.860	W7IZ	W7IZ.SCOTT @ GMAIL.COM
WAN/7RN		21:20	PT	DAILY	3.565	SEVENTH REGION NET		ALT. 7.048		
WAN/7RN		22:00	PT	DAILY	3.569	SEVENTH REGION NET		ALT. 7.042/1.860	W7IZ	W7IZ.SCOTT @ GMAIL.COM
WAN/TWN	AZ	19:00	MT	DAILY	3.986	ARIZONA TRAFFIC & EMERGENCY NET		WINTER AT 17:30 MST	KF7GC	KF7GC @ YAHOO.COM
WAN/TWN	AZ/NM	01:30	Z	DAILY	147.160/141.3	SAGUARO NTS NET			W7FSC	W7FSC @ TUTANOTA.COM
WAN/TWN	AZ/NM	18:30	MT	DAILY	VAR. VHF/UHF	SAGUARO NTS NET		SEE WWW . EAARS . COM	W7FSC	W7FSC @ TUTANOTA.COM
WAN/TWN	CO	08:00	MT	SU	3.810	COLORADO ARES HF NET				
WAN/TWN	CO	19:00	MT	DAILY	VAR. VHF/UHF	COLORADO TRAFFIC NET		ALT. 147.540/156.7, 441.225/156.7, 3.989, 7.230	WA3QLW	WA3QLW @ GMAIL.COM
WAN/TWN	CO	19:30	MT	DAILY	3.989	COLORADO COLUMBINE NET				
WAN/TWN	NM	06:30	MT	DAILY	3.939	NEW MEXICO BREAKFAST CLUB NET				
WAN/TWN	NM	01:00	Z	DAILY	3.939	NEW MEXICO ROADRUNNER NET			KF5MEF	DKWOOD163 @ YAHOO.COM
WAN/TWN	UT	12:30	MT	DAILY	7.272	BEEHIVE UTAH NET				
WAN/TWN	UT	19:30	MT	DAILY	3.570	UTAH CODE NET (SLOW)				
WAN/TWN	WY	00:45	Z	DAILY	3.9235	WYOMING COWBOY NET				
WAN/TWN		07:00	MT	DAILY	3.9235	TWELFTH REGION NET			WB7S	WB7S @ ARRL.NET
WAN/TWN		12:00	MT	DAILY	7.240	HIGH NOON NET			N5FLD	N5FLD @ AOL.COM
WAN/TWN		16:00	MT	M-S	7.233	TWELFTH REGION NET				
WAN/TWN		16:00	MT	SU	7.228	TWELFTH REGION NET				

AREA/RGN	STATE	TIME	TZ	DAYS	FREQ	NET	COVERAGE	NOTES	MGR	MGR EMAIL
WAN/TWN		20:30	MT	DAILY	7.0625	TWELFTH REGION NET				
WAN/TWN		20:30	MT	DAILY	3.570	TWELFTH REGION NET		ALT. 7.063	NA7G	NA7G @ ARRL.NET
WAN/TWN		22:00	MT	DAILY	3.570	TWELFTH REGION NET		ALT. 7.063	NA7G	NA7G @ ARRL.NET
WAN		10:30	PT	DAILY	14.345	WESTERN AREA NET				
WAN		11:30	PT	DAILY	3.970	NOONTIME NET		ALT. 7.265	W7TVA	
WAN		10:00	PT	DAILY	7.2835	NOONTIME NET		ALT. 7.265		
WAN		14:30	PT	M/W/F	14.345	WESTERN AREA NET				
WAN		19:00	PT	DAILY	3.540	WEST COAST NET (SLOW)			K0MEL	NTS.K0MEL.CO @ GMAIL.COM
WAN		20:30	PT	DAILY	3.552	WESTERN AREA NET		ALT. 7.052	K6YR	K6YR @ AOL.COM
		01:00	Z	DAILY	3.985	75M INTERSTATE		COVERS EAN & CAN		
		03:00	Z	DAILY	3.8575	MISSION TRAIL NET				
		07:00	ET	DAILY	14.300	INTERCONTINENTAL TRAFFIC NET			K4ZQ	
		07:00	ET	DAILY	7.057	WATERWAY CW NET			W9UCR	RWLADE @ GMAIL.COM
		07:30	ET	DAILY	7.052	AMATEUR RADIO TELEGRAPH SOCIETY				
		07:45	ET	DAILY	7.268	WATERWAY NET				
		12:00	ET	DAILY	14.300	MARITIME MOBILE NET			K4EDX	
		21:00	ET	T/R	3.682	FISTS SLOW				
IATN		NIGHTS		DAILY	3.563	NAA				
IATN		NIGHTS		DAILY	3.845	NAB				
IATN		NIGHTS		DAILY	7.115	NBA				
IATN		NIGHTS		DAILY	7.232	NBB				
IATN		ALL DAY		DAILY	10.115	NCA				
IATN		DAYS		DAILY	14.115	NDA				
IATN		DAYS		DAILY	14.345	NDB				
IATN		DAYS		DAILY	18.115	NEA				
IATN		DAYS		DAILY	21.115	NFA				
IATN		DAYS		DAILY	21.345	NFB				
IATN		DAYS		DAILY	28.115	NGA				
1RN -	CT, MA, ME, NH, RI, VT									
2RN -	NJ, NY									
3RN -	DE, MD, PA									
4RN -	FL, GA, NC, PR, SC, VA, VI									
5RN -	AL, AR, LA, MS, OK, TN, TX									
6RN -	CA, HI, NV									
7RN -	AB, AK, BC, ID, MT, OR, WA									
8RN -	MI, OH, WV									
9RN -	IL, IN, KY, WI									
TEN -	IA, KS, MB, MN, MO, ND, NE, SD, SK									
ECN -	LB, NB, NF, NS, ON, PE, PQ									
TWN -	AZ, CO, NM, UT, WY									
<p>ALL ADDITIONS, DELETIONS OR CHANGES SHOULD BE SENT TO N2NOV @ NYC-ARECS.ORG</p>										